



Communicable Disease Prevention and Safety Plan

If you have any questions, concerns, or feedback, please do not hesitate to contact our office: (604)-467-6401 or education@alouetteriver.org.

Overview:

The purpose of this document is to provide guidance for staff members of the Alouette River Management Society as well as program participants with important information required to transition from Covid-19 protocols to a Communicable Disease Prevention and Safety Plan. This safety plan has been outlined in alignment with the [BC Centre for Disease Control](#) and [WorkSafeBC](#), and will be updated as any changes occur.

Staff members should know and understand their workplace health and safety responsibilities — and those of others. Staff have three key rights:

- the right to know about hazards in the workplace
- the right to participate in health and safety activities in the workplace
- the right to refuse unsafe work.

Staff Protocols:

- Staff will not come to work if they are feeling ill. If they are feeling ill, they are to stay home and self-isolate as per current protocols: [Self-Isolation and Self-Monitoring \(bccdc.ca\)](#)
- Staff are not permitted to come to work if a member of their household has tested positive for COVID-19, is awaiting a COVID-19 test result, or has a probable case of COVID-19. A return-to-work date will be determined in consultation with public health officials.
- Any staff exhibiting symptoms during the program will go home immediately.
- All staff will follow proper hygiene and handwashing guidelines. This includes washing their hands when they arrive and before they leave.
- Staff will maintain required physical distancing to the best of their ability, as the situation dictates.
- Staff are not required to wear masks and gloves.

Program Protocols:

- Physical distancing within the group will be observed as much as possible. Physical distancing will be incorporated into the games for the day.
- Programming will be adjusted so that physical contact between participants is limited as much as possible. Activities with close physical contact will be limited.
- All shared equipment and supplies will be cleaned at the end of each day with soap and water or wiped down with public health approved sanitizer. Sharing supplies and equipment will be minimized as much as possible.
- Any tables, benches, and chairs used throughout the day will be sanitized at the end of each day.

Participant Protocols

- A participant will not be permitted to attend the program if the participant or a member of their household is experiencing flu like symptoms.
- A participant will not be permitted to attend the program if the participant or a member of their household has had close contact with someone who has tested positive for COVID-19 or is awaiting COVID-19 test results.
- As per the BC Public Health Minister's recommendations, participants will not be required to wear masks. Participants may do so if they choose.

- Upon arrival each day, participants and their parent/guardian will confirm that they are in good health and not exhibiting any flu-like or cold symptoms.
- If a participant starts exhibiting any flu-like or cold symptoms during the program, they will be removed from the program immediately and sent home. The participant will be kept in a separate and supervised area until they can be picked up.
 - Staff have the right to discreetly request that families portraying any symptoms must be sent home.

Hygiene Protocols:

- Handwashing stations for Alouette River Management Society programs will be set up. Hand sanitizer will also be available.
- Participants and staff are required to follow proper handwashing techniques for a minimum of 20 seconds. Signs will be posted at the handwashing station.
- Participants and staff are expected to wash their hands: upon arrival, before eating, after using the washroom, after coughing or sneezing, before and after administering first aid, and when the participants are picked up.
- Participants and staff are discouraged from touching their face and must cough or sneeze into their sleeve.
- Non-surgical grade masks and gloves will be made available in first aid kits and must be used when administering any type of first aid. A mask must also be worn by the person receiving first aid for the duration of being treated.
- The washroom within the River Heritage Centre will be wiped down before programming commences each day and cleaned at the end of every day.