



## COVID-19 Policy and Procedures

Our activities and events are being run in accordance with the BC Government's Public Health Order - [BC Province COVID-19 restrictions](#) and BC's Restart Plan - [BC Restart Plan](#). This policy outlines the plans and procedures we will have in place to prevent the spread of COVID-19.

Event Name: 28<sup>th</sup> Annual Ridge Meadows Rivers Day

Date: Sunday 26 September, 2021

Location: ALLCO Park, Maple Ridge

### Staff

On our ARMS website event or activity page, we will ask all participants (guests and children included) to review the below screening questions. If a participant answers "yes" to any of the below questions, they will be asked to stay home and not attend the event/activity. We will also inform participants they will be asked to submit a form answering the screening questions again when they arrive on the day of the activity when they sign in, and as well as verbally. Individuals must go home if they answer "yes" to any of these questions:

1. Whether they feel ill, including experiencing COVID-19 symptoms such as a sore throat, cough, shortness of breath, fever, chills, headache, muscle aches, loss of taste or smell
2. Whether they or a member of their family have travelled internationally in the last 14 days
3. Whether they have been exposed to someone in the last 14 days who has been diagnosed with or is suspected to have COVID-19

ARMS staff will be required to submit the same form answering the screening questions as the volunteers/participants **24 hours** before an activity. If they answer "yes" to any of the questions they will postpone the event. A full refund will be provided to the participants in event of ARMS cancelling an event that required payment to participate.

Inform participants/volunteers on ARMS' COVID-19 safety protocols at the beginning of an event or activity. This includes:

- Physical distancing etiquette (at least 6 feet apart from those not in household)
- Individuals should cough or sneeze into the bend of their arm or into a tissue
- Avoid touching face, especially eyes, nose, or mouth
- Ask those who start to feel ill to inform staff and leave immediately
- Those with children to take extra care to ensure they maintain physical distancing
- Not to share items (tools, snacks, phones) with those not in household
- Dogs must be on a leash

Anyone not practicing physical distancing or who are exhibiting known COVID-19 symptoms will be asked to leave.

It is **strongly** recommended to wear a mask through the event or activity.

Provide signage illustrating the aforementioned safety measures (e.g. keeping physical distance, disinfecting hands etc.) placed where participants are located while attending the event as visual reminders.

Place signage where all participants are located asking passersby to maintain distance to at least 6 feet.
Staff will provide as part of the event at each station (Rivers Day): <ul style="list-style-type: none"> <li>• At least 60% alcohol disinfectant for hands and tools</li> <li>• Safety glasses for birdhouse building activities</li> <li>• Disposable non-medical masks</li> </ul>
Tools will be disinfected before and after an activity.
Postponing to a later date if COVID-19 situation worsens/health officials change restrictions.
<b>Participants will be encouraged to:</b>
<ul style="list-style-type: none"> <li>• Wear a mask throughout the event/activity following BC Health Guidelines</li> <li>• Bring and use their own: cell phone to sign in and out of, alcohol hand sanitizer, non-medical masks, water bottles, snacks</li> <li>• Take breaks as needed. There will be no specific break period where participants will congregate around a table of refreshments</li> <li>• Address concerns with ARMS staff (identified in yellow high viz vests and name tags) and feel free to leave if they are feeling uncomfortable with participating at any point during the event or activity</li> </ul>
<b>Participants will be discouraged to:</b>
Carpool with those who are not in their household.

## Controls and Mitigation

### Planning

*Site requirements (in the case of public parks, discuss with park manager)*

- Does the park have a proper hand washing station (bathrooms available, and are the bathrooms opened?). If there is no bathroom on site, a disinfection station will be set up (hand sanitizer with at least 60% alcohol, hand wipes)
- Is the event/activity site large enough to allow for proper physical distancing?
- Is the site in a very busy area?
- Can volunteers/participants spread out safely over the site either working or participating in activity. Examples of what may work include removing ivy from trees, targeting smaller patches of invasive shrubs including Scotch Broom, birdhouse building, viewing a salmon dissection demonstration.

### Pre-activity

*Email to potential and signed up participants*

- Information sent out to participants/volunteers related to ARMS' COVID-19 Policy and Procedures highlighting safety controls and mitigation measures (include links to government information)

*On event/activity description (ARMS website):*

- A list of ARMS' COVID-19 Policy and Procedures highlighting safety controls and mitigation measures

- When volunteers/participants register they will be required to fill out a questionnaire asking COVID-19 related questions – have you been showing symptoms, have you travelled, etc
- Assign at least 2 participants per activity/event as safety leaders (who will be briefed ahead of time) to actively ensure ARMS' control and mitigation efforts are followed (watch to ensure everyone is maintaining physical distancing, ensuring no one is sharing protective eyewear, tools etc., guiding volunteers/participants to hand sanitizing station/s as needed.)

#### During Activity/Event

- A sign-in link will be on a whiteboard and participants/volunteers will either sign on their personal phones or relay sign-in information to a volunteer (on their phone) or staff member (on a ARMS tablet) to sign-in on their behalf
- Participants will be asked if they are exhibiting any signs of illness and if so will be prevented entry into the site
- Disinfectant wipes and/or spray will be used for all tools, tables and supplies (before, during and after activity/event)
- Staff will wear a mask during the activity/event, except for during the instruction or introduction period and when providing direction or information during the activity or event
- Participants/volunteers will be encouraged to wear masks during the activity/event.
- Participants/volunteers will be asked to stand at least 6 feet from individuals or groups not in their household wherever possible
- A mask and gloves will be used in all situations where injuries occur (Rivers Day – St John Ambulance first aid attendants will be on site from 10 a.m. – 2 p.m.)
- Participants/volunteers will leave the event or activity immediately upon feeling ill or exhibiting symptoms.

#### Post-activity

- Gloves, table and tools will be disinfected
- All COVID-19 control and mitigation efforts will be recorded and a report provided
- Participants will be surveyed and asked to assess ARMS' COVID-19 control and mitigation efforts

#### Resources:

BC Centre for Disease Control. 2020. Event Planning (last updated September 13, 2021). Available at: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/event-planning>. Accessed on September 20, 2021.

Government of Canada. 2020. Community-based measures to mitigate the spread of coronavirus disease (COVID-19) in Canada (last updated August 11, 2021). Available at: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/health-professionals/public-health-measures-mitigate-covid-19.htm>. Accessed on September 20, 2021

World Health Organization. 2020. Coronavirus disease (COVID-19) advice for the public (last updated August 6, 2020). Available at: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>. Accessed on September 20, 2021.

World Health Organization. 2020. Coronavirus disease (COVID-19) advice for the public: when and how to use masks (last updated June 8, 2020). Available at: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/when-and-how-to-use-masks>. Accessed on September 20, 2021.